

Ergonomics is not a new concept to designers or specifiers; we all know the importance of a good chair, proper posture, wrist position, etc., but what about lighting? A typical response from the dealer community when asked about lighting may be,

*"The lighting is specified by the Architect we don't have any control over what is specified"*

*"It's an existing building the lighting is already in place"*

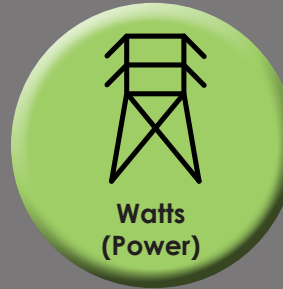
*"I don't understand enough about lighting to make any recommendations"*

*"Lighting? Who cares about lighting?"*

Our aim with **elio Light Bites** is to help you to better understand lighting, how it effects office ergonomics, how you can improve existing spaces with simple lighting recommendations, and how you can generate more sales.

By the end of our educational series you'll be able to impress friends and clients with your knowledge and may even be able to answer a few questions at Friday night trivia.

## Efficacy



The ratio of  
light output to the  
power consumed  
by the light  
fixture;  
Lumens divided by  
watts used (lm/w)  
= efficacy



# elio® Light Bites

Week 1:  
Efficacy  
(Lumens/Watt)

[Click here to view on our website](#)

The most efficient lamps will have low wattage with a high lumen output, providing **better efficacy**.



Incandescent  
Desk Lamp

250 lm/30 W



Fluorescent  
Desk Lamp

200 lm/5 W



LED  
Desk Lamp

220 lm/5 W

# elio®

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Company

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